

Manicures

AT OUR MANI STATIONS:

EXPRESS MANICURE (CUT, FILE & BUFF) 30 MIN R200

WHEN ADDING TO EXPRESS THE PRICE WILL BE: PAINT

GEL 60 MIN R280

POLY GEL 60 MIN R350

POLY GEL 75 MIN R460

ADD SOAK OFF:

WHEN REAPPLYING

GEL REMOVAL 30 MIN R100
POLY GEL REMOVAL 45 MIN R180

WITHOUT REAPPLICATION

GEL REMOVAL 45 MIN R150
POLY GEL REMOVAL 60 MIN R200

ADD HAND MASSAGE 15 MIN R100

ADD PARAFFIN WAX DIP 15 MIN R120

NAIL ART:

FRENCH (Full set) 30 MIN R150

OMBRE' (Full set) 30 MIN R150

ALL OTHER ART (Per nail) 30 MIN+- R20

RUBBER BASE 15 MIN R80

ADD ON SOFT GEL TIPS 75 MIN R130

Pedicures

IN OUR ROOMS:

EXPRESS PEDICURE (SOAK, CUT, FILE, HEEL FILE & BUFF) 30 MIN R250

FULL PEDICURE INCLUDING MASSAGE:

PAINT 60 MIN R400

GEL 60 MIN R480

ADD GEL SOAK OFF 30 MIN R100

ADD PARAFFIN WAX DIP 15 MIN R120

ELIM HEEL PEDICURE (SOAK, ELIM HEEL PEEL, FOOT MASK, FOOT MASSAGE) 60 MIN R400

ADD ON ELIM HEEL PEEL 20 MIN R200



INDULGE • UNWIND • EXHALE

Treatment Menu

TRADING HOURS

TUESDAY - SATURDAY
8:15AM - 17:00PM
WEDNESDAY & FRIDAY
8:15AM - 18:00PM

18 CORVETTE AVENUE, SUN VALLEY

Bookings



+27 (0)74 129 0533



www.exhalebeautyspa.co.za

Hair Removal

FULL LEG	45 MIN	R300
HALF LEG	30 MIN	R210
FULL ARM	45 MIN	R200
HALF ARM	30 MIN	R140
UNDERARM	15 MIN	R150
BIKINI	30 MIN	R210
BRAZILIAN	45 MIN	R330
HOLLYWOOD	45 MIN	R360
BROWS	15 MIN	R120
LIP	15 MIN	R120
CHIN	15 MIN	R120
NOSE	15 MIN	R120
EARS	15 MIN	R120

PACKAGES:

BROWS, NOSE & EARS	30 MIN	R290
BROWS, LIP & CHIN	30 MIN	R290

Vajacial & Ingrown Treatment

VAJACIAL/INGROWN ADD ON 30 MIN R390

(A TARGETED TREATMENT FOR INGROWN HAIRS, PIGMENTATION & CAN BE USED ON OTHER AREAS LIKE UNDERARMS/BEARD)

VAJACIAL & HOLLYWOOD 75 MIN R700

Lashes & Brows

EYELASH TINT	15 MIN	R130
EYEBROW TINT	15 MIN	R130
LASH & BROW COMBO TINT	30 MIN	R230

LASH LIFT 45 MIN R530

(A COSMETIC PROCEDURE THAT CURLS YOUR NATURAL LASHES GIVING THE APPEARANCE OF LONGER & FULLER LASHES. LASTS 6-8 WEEKS & INCLUDES TINTING)

BROW LAMINATION 45 MIN R550

(A COSMETIC PROCEDURE THAT ENHANCES YOUR NATURAL BROWS GIVING THE APPEARANCE OF FULLER BROWS. LASTS 4-6 WEEKS & INCLUDES TINTING)

LASH LIFT & BROW LAMINATION COMBO 60 MIN R880

CLASSIC LASHES

FULL SET	60 MIN	R720
BI WEEKLY FILL	45 MIN	R340

VOLUME LASHES

FULL SET	90 MIN	R910
BI WEEKLY FILL	60 MIN	R430

HYBRID LASHES

FULL SET	90 MIN	R880
BI WEEKLY FILL	60 MIN	R400

LASH REMOVAL 45 MIN R190

Esse Facials

SKIN CONSULTATION (SKIN ASSESSMENT & HOMECARE RECOMMENDATIONS)	30 MIN	R170
ESSE BHA EXPRESS PEEL (CLEANSE, BHA PEEL, SCALP MASSAGE, AQUA GEL MASK, SKIN ADVICE & AFTER CARE CUSTOMISED TO YOUR SKIN GOALS)	30 MIN	R730
FACE & NECK FACE, NECK & CHEST		
ESSE LIVE PROBIOTIC EXPERIENCE (CLEANSE, ENZYMATIC EXFOLIATOR, EXTRACTIONS, EXCLUSION MASK WITH LIVE PROBIOTIC AMPOULE, FACIAL MASSAGE, SKIN ADVICE & AFTER CARE CUSTOMISED TO YOUR SKIN GOALS)	75 MIN	
FACE & NECK FACE, NECK & CHEST		R900 R1050
ESSE EXPERIENCE (CLEANSE, ENZYMATIC EXFOLIATOR, EXTRACTIONS, AQUA GEL MASK WITH ACTIVE AMPOULE, FOOT MASSAGE, FACIAL MASSAGE, SKIN ADVICE & AFTER CARE CUSTOMISED TO YOUR SKIN GOALS)	60 MIN	
FACE & NECK FACE, NECK & CHEST		R570 R630
ESSE EXPRESS (CLEANSE, ENZYMATIC EXFOLIATOR, SKIN ADVICE & AFTER CARE CUSTOMISED TO YOUR SKIN GOALS)	30 MIN	
FACE & NECK		R400
DERMAPLANING (DERMAPLANING IS A FORM OF MECHANICAL EXFOLIATION WHERE A SPECIFIC STERILE BLADE IS STROKED ALONG THE SKIN TO GENTLY REMOVE DRY & DEAD SKIN CELLS. ALLOWS FOR MORE EFFECTIVE PRODUCT PENETRATION)	45 MIN	
ADD ONS:		
DERMAPLANING	30 MIN	R280
LED LIGHT THERAPY (WHEN ADDED TO A FULL FACIAL)	20 MIN	R150

Make - Up

EXPRESS/ DAY MAKE-UP BASIC APPLICATION	45 MIN	R450
SOFT GLAM/ EVENING INCLUDES STRIP LASHES	60 MIN	R500
FULL EVENT/ MATRIC DANCE GLAM INCLUDES STRIP LASHES & ONE TRIAL SESSION	90 MIN	R800
BRIDAL MAKE-UP INCLUDES STRIP LASHES & TWO TRIAL SESSIONS	120 MIN	R1900

ART by pHformula

ADVANCED RESURFACING TREATMENTS

TARGETING DIFFERENT SKIN CONCERNS SUCH AS AGEING, HYPERPIGMENTATION, ACNE AND CHRONIC REDNESS. OUR SKIN SPECIALIST WILL ADVISE YOU WITH THE BEST OPTION AND PROVIDE YOU WITH A TREATMENT PLAN TO ACHIEVE OPTIMAL RESULTS.

Pricing

pHformula 30 MINUTE TREATMENT	R740
CLEANSING, EXFOLIATION, A UNIQUE SKIN TOLERANCE TEST WITH THE REQUIRED RESURFACING SOLUTION BASED ON YOUR SKIN CONCERN. A VITAC OR FIRING TREATMENT ACCOMPANIED BY A 20 MINUTE TOUCH THERAPY AND MASK. COMPLETED WITH A CALM AND PROTECT APPLICATION.	
pHformula 60 MINUTE TREATMENT	R1330
CLEANSING, EXFOLIATION, A UNIQUE SKIN TOLERANCE TEST WITH THE REQUIRED RESURFACING SOLUTION BASED ON YOUR SKIN CONCERN. A VITAC OR FIRING TREATMENT ACCOMPANIED BY A 20 MINUTE TOUCH THERAPY AND MASK. COMPLETED WITH A CALM AND PROTECT APPLICATION.	
pHformula 90 MINUTE TREATMENT	R1700
A REPLICATION OF OUR 60 MINUTE TREATMENT WITH ADDITIONAL ACTIVE RESURFACING AS WELL AS A SPECIALIZED MASQUE FOR INTENSIFYING RESULTS.	

Micro Needling with DermaPen

What is micro needling and how does it work?

DERMAPEN IS A MICRO-NEEDLING TREATMENT THAT IS GREAT FOR REDUCING SIGNS OF FINE LINES & WRINKLES, ACNE SCARRING & IMPROVEMENT IN THE COMPLEXION OF THE THE SKIN. MICRO- NEEDLING ALSO STIMULATES COLLAGEN PRODUCTION THROUGH THE SKIN WHICH CAUSES ANTI-AGEING RESULTS SUCH AS TIGHTENING, PLUMPING & IMPROVEMENT OF THE OVERALL SKIN APPEARANCE.

Pricing

HANDS	45 MIN	R1150
FACE	60 MIN	R1520
FACE & NECK	75 MIN	R1770
FACE, NECK & CHEST	90 MIN	R1950
ADD ONS:		
NUMBING	30 MIN	R150
LED THERAPY	20 MIN	R130
UBER PEEL	20 MIN	R300

Cancellation Policy

SHOULD YOU NEED TO CANCEL YOUR APPOINTMENT, PLEASE GIVE US A COURTESY CALL AT LEAST 24HRS PRIOR TO YOUR VISIT TO AVOID A 50% CHARGE OF YOUR APPOINTMENT BOOKED. NO SHOWS WILL RESULT IN A 100% CANCELLATION CHARGE.

Spa Packages

INDULGE PACKAGE (BODY EXFOLIATION, BODY WRAP & 30 MINUTE FUSION MASSAGE)	120 MIN	R1270
UNWIND PACKAGE (FOOT BALANCING MASSAGE & HYDRATING FACIAL)	90 MIN	R890
EXHALE PACKAGE (45 MINUTE FUSION MASSAGE, EXPRESS PEDICURE WITH PAINT & BASIC FACIAL)	120 MIN	R1100
MOMMY TO BE (HOLLYWOOD, EXPRESS PEDICURE WITH GEL & PREGNANCY MASSAGE)	120 MIN	R1160
COUPLES INDULGE (BODY EXFOLIATION, BODY WRAP & 30 MINUTE FUSION MASSAGE IN OUR COUPLES ROOM)	120 MIN	R2260
WEDDING/EVENT PACKAGE (SPRAY TAN, EXPRESS GEL MANICURE & PEDICURE ON NATURAL NAILS)	110 MIN	R1100
DELUXE WEDDING/ EVENT PACKAGE (SPRAY TAN & TRIAL, FULL GEL MANICURE & PEDICURE ON NATURAL NAILS, HYDRATING FACIAL)	200 MIN	R2260

Special Events

WANT SOMETHING A LITTLE DIFFERENT? WE CAN CREATE CUSTOMIZED SPA PACKAGES TO SUIT YOUR PREFERENCES & BUDGET. SEND US A WHATSAPP WITH YOUR REQUIREMENTS & WE WILL BE IN TOUCH TO DISCUSS. CATERING & REFRESHMENTS CAN BE ARRANGED IF REQUIRED.

Body Treatments

FUSION MASSAGE	30 MIN	R350
OPTION ONE	45 MIN	R490
OPTION TWO	60 MIN	R630
OPTION THREE	90 MIN	R730
OPTION FOUR	15 MIN	R170
15 MINUTE ADD ON		
INDIAN HEAD MASSAGE	30 MIN	R350
FOOT BALANCING	60 MIN	R490
PREGNANCY MASSAGE	60 MIN	R760
LYMPHATIC DRAINAGE MASSAGE (HEAD, NECK & FACE MASSAGE)	45 MIN	R380
BODY EXFOLIATION (INCLUDING BACK MASSAGE)	60 MIN	R590
BACK CLEANSE (FOR ACNE PRONE SHOULDERS & BACKS)	45 MIN	R460
LOWER LEG & FOOT TREATMENT (HEEL FILING, EXFOLIATION & MASSAGE)	60 MIN	R440